

## ALL SERVICES INCLUDE USE OF THE STEAM ROOM

### INTEGRATED THERAPEUTIC MASSAGE

60 minute Integrated Massage .....	\$95
90 minute Integrated Massage .....	\$130
120 minute Integrated Massage .....	\$175

### DEEP TISSUE MASSAGE

60 minute Deep Tissue Massage .....	\$95
90 minute Deep Tissue Massage .....	\$130

### COUPLES MASSAGE SUITE W/PRIVATE SAUNA

60 minute Couples Massage .....	\$185
90 minute Couples Massage .....	\$255

### MASSAGE & SAUNA

60 minute Massage w/Private Infrared Sauna .....	\$115
90 minute Massage w/Private Infrared Sauna .....	\$150
45 minute Private Infrared Sauna .....	\$35

### STEAM SHOWER *without massage*

1 session .....	\$20
12 sessions (\$15 each) .....	\$180
24 sessions (\$10 each) .....	\$240

### QUIET MIND MASSAGE

60 minute Quiet Mind Massage .....	\$95
90 minute Quiet Mind Massage .....	\$130

### LYMPHATIC DRAINAGE

60 minute Lymphatic Drainage .....	\$95
90 minute Lymphatic Drainage .....	\$130

### TRIGGER POINT THERAPY

30 minute Trigger Point Therapy .....	\$50
60 minute Trigger Point Therapy .....	\$95
90 minute Trigger Point Therapy .....	\$130

### MASSAGE CUPPING

60 minute Massage Cupping .....	\$105
90 minute Massage Cupping .....	\$140

### MOTHER-TO-BE MASSAGE

60 minute Prenatal Massage .....	\$95
90 minute Prenatal Massage .....	\$130

### HOT STONE

60 minute Hot Stone .....	\$105
90 minute Hot Stone .....	\$140

**ADD CBD OIL TO ANY SERVICE \$25**