

  
*Natural Wellness*  
**MASSAGE**

FOR CHRONIC PAIN AND INJURIES

ALL SERVICES INCLUDE USE OF THE STEAM ROOM

**INTEGRATED THERAPEUTIC MASSAGE**

60 minute Integrated Massage .....	\$115
90 minute Integrated Massage .....	\$150
120 minute Integrated Massage .....	\$190

**DEEP TISSUE MASSAGE**

60 minute Deep Tissue Massage .....	\$115
90 minute Deep Tissue Massage .....	\$150

**CBD MASSAGE**

60 minute Deep Tissue Massage .....	\$140
90 minute Deep Tissue Massage .....	\$175

**COUPLES MASSAGE SUITE W/PRIVATE SAUNA**

60 minute Couples Massage .....	\$240
90 minute Couples Massage .....	\$310

**MASSAGE & SAUNA**

60 minute Massage w/Private Infrared Sauna .....	\$145
90 minute Massage w/Private Infrared Sauna .....	\$180

**QUIET MIND MASSAGE**

60 minute Quiet Mind Massage .....	\$115
90 minute Quiet Mind Massage .....	\$150

**REIKI SERVICES**

30 minute Reiki .....	\$70
60 minute Massage and Reiki .....	\$150

**LYMPHATIC DRAINAGE**

60 minute Lymphatic Drainage .....	\$115
90 minute Lymphatic Drainage .....	\$150

**TRIGGER POINT THERAPY**

30 minute Trigger Point Therapy .....	\$70
60 minute Trigger Point Therapy .....	\$115
90 minute Trigger Point Therapy .....	\$150

**MASSAGE CUPPING**

60 minute Massage Cupping .....	\$130
90 minute Massage Cupping .....	\$165

**MOTHER-TO-BE MASSAGE**

60 minute Prenatal Massage .....	\$115
90 minute Prenatal Massage .....	\$150

**HOT STONE**

60 minute Hot Stone .....	\$130
90 minute Hot Stone .....	\$165

**BODY TREATMENTS**

90 min Citrus Smoothing Sea Salt Glow .....	\$175
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**ADD CBD OIL TO ANY SERVICE \$25**